

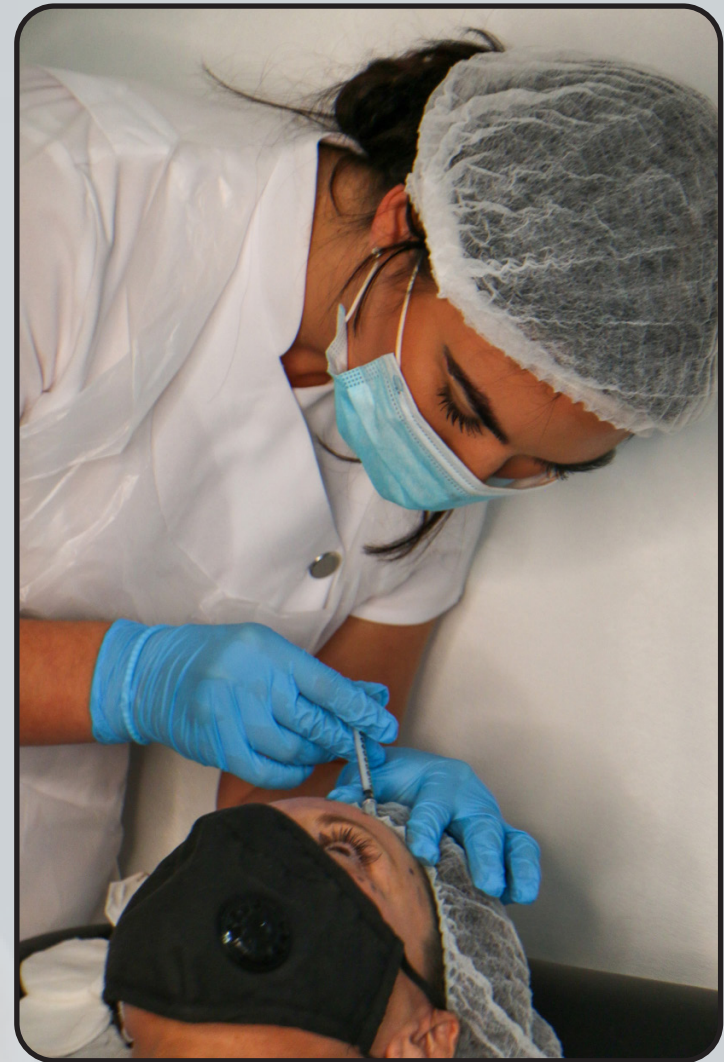
A close-up photograph of a woman's face, focusing on her eyes, nose, and mouth. Several white arrows are drawn on the right side of her face, pointing upwards and outwards from the cheek area, illustrating the lifting effect of PDO threads.

# **PDO THREADS COURSE OVERVIEW**

*By Ampika's Aesthetics*

# AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Microneedling or in Foundation Aesthetics such as Dermal Filler or Anti-wrinkle injections.
- If you are a total beginner please check out our Ultimate Aesthetics course. This is the pathway into injectables enabling you to go on to this course.







# QUALIFICATION AWARDED

Upon completion of the course, you will gain  
CPD accreditation in the following:



Along with this, you will also be given live models to  
perform your case studies on before graduation.



# TIMETABLE

**This is a one day course covering the following:**

- Introduction meet and greet
- Revision over theory
- History of threads and PDO variables on the market
- Learning the techniques and carrying out live procedures on face and body areas of concern.
- The use-age of lidocaine
- Indications
- Contraindications
- Selecting a suitable candidate
- The benefits of this treatment
- Consultation process
- Aftercare
- Sourcing the products and marketing with pricing structure:
- Course recap
- Graduation





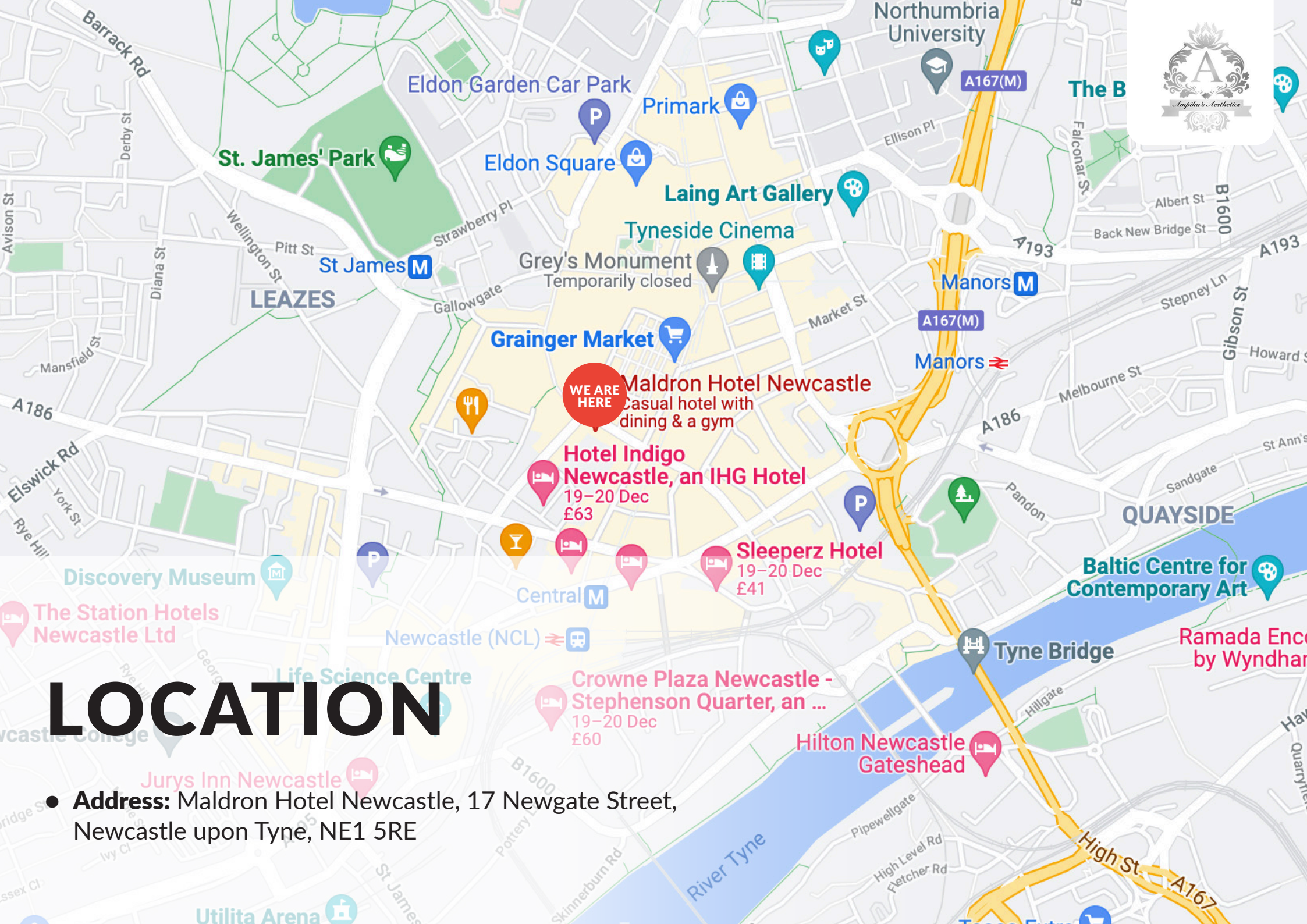
# ARRIVAL

All classes start at 9:30am prompt. You are to arrive at 8:50am ready to start each day.

The courses finish at approximately 5:30pm each day but may vary depending on your course content.







# LOCATION

- **Address:** Maldron Hotel Newcastle, 17 Newgate Street, Newcastle upon Tyne, NE1 5RE



# TRANSPORT



- **Travelling by Metro**

Maldron Hotel Newcastle is situated close to both Central and Monument Metro stations.

From Monument it is only a 3 minute walk; exit the station onto Grainger Street and turn right onto Newgate Street and our hotel is directly on your left. Alternatively, Central is a 5 minute walk; walk up Grainger Street, turn left onto Newgate Street and our hotel is on your left.

Fares start from as little as £2. The metro connects both Central and Monument stations to the airport within 20 minutes.

- **Travelling by Bus**

Haymarket Bus station is a 5-minute walk; head along Percy Street to Newgate Street and our city centre hotel is on your right. Two bus operators work from Haymarket Bus station, serving local routes as well as surrounding areas on the Northumberland coastline.

- **Travelling by Air**

Newcastle Airport is only 7 miles away from our hotel. The Metro connects the airport to the city centre within 20 minutes, depart the Metro at either Central or Monument and from here it is a 5-minute walk; exit the station onto Grainger Street and turn right onto Newgate Street, the hotel is directly on your left.

Alternatively, taxis are available which will cost roughly £20 and take approximately 10 minutes. Our reception team would be more than happy to arrange a taxi if you require one.



# ACCOMMODATION

- **Jurys Inn Newcastle**  
Scotswood Road, Newcastle upon Tyne, NE1 4AD
- **Royal Station Hotel**  
Neville Street, Newcastle upon Tyne, NE1 5DH
- **Sleeperz Hotel Newcastle**  
15 Westgate Road, Newcastle upon Tyne, NE1 1SE
- **Jurys Inn Newcastle Quayside**  
South Shore Road, Gateshead Quays, Newcastle upon Tyne, NE8 3AE
- **Crowne Plaza Newcastle**  
Stephenson Quarter, Forth Street, Newcastle upon Tyne, NE1 3SA

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# DRESS CODE


Appropriate attire is needed throughout the duration of the course as this is a clinical environment.

**You will be expected to:**

- Wear flat, sensible, closed-toe shoes
- Wear tunic or salon wear
- Wear leggings/pants
- Have your hair tied back
- Provide your own protective face mask or visor

Failure to do so will put the clients and yourself at risk.





If you have any further questions, please contact  
us via email at [ampikasaesthetics@gmail.com](mailto:ampikasaesthetics@gmail.com)  
or call us on 0333 996 2690

*Ampika Pickston*