

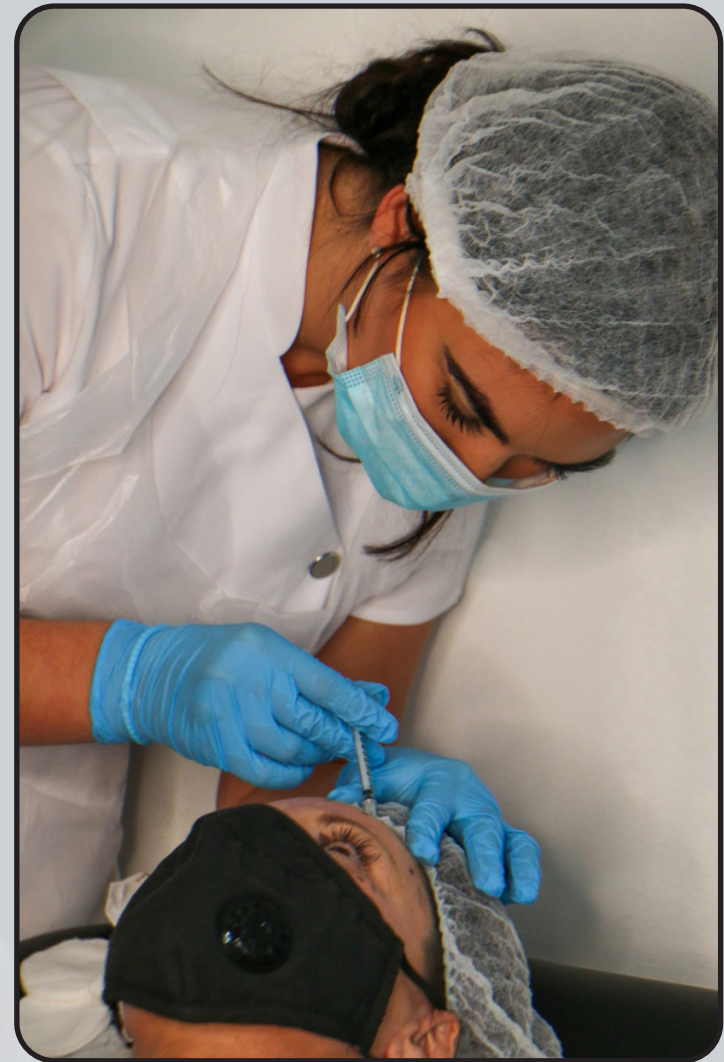


# **PDO THREADS COURSE OVERVIEW**

*By Ampika's Aesthetics*

# AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Microneedling or in Foundation Aesthetics such as Dermal Filler or Anti-wrinkle injections.
- If you are a total beginner please check out our Ultimate Aesthetics course. This is the pathway into injectables enabling you to go on to this course.







# QUALIFICATION AWARDED

Upon completion of the course, you will gain CPD accreditation in the following:

 **PDO Threads**

Along with this, you will also be given live models to perform your case studies on before graduation.





# TIMETABLE

**This is a one day course covering the following:**

- Introduction meet and greet
- Revision over theory
- History of threads and PDO variables on the market
- Learning the techniques and carrying out live procedures on face and body areas of concern.
- The use-age of lidocaine
- Indications
- Contraindications
- Selecting a suitable candidate
- The benefits of this treatment
- Consultation process
- Aftercare
- Sourcing the products and marketing with pricing structure:
- Course recap
- Graduation



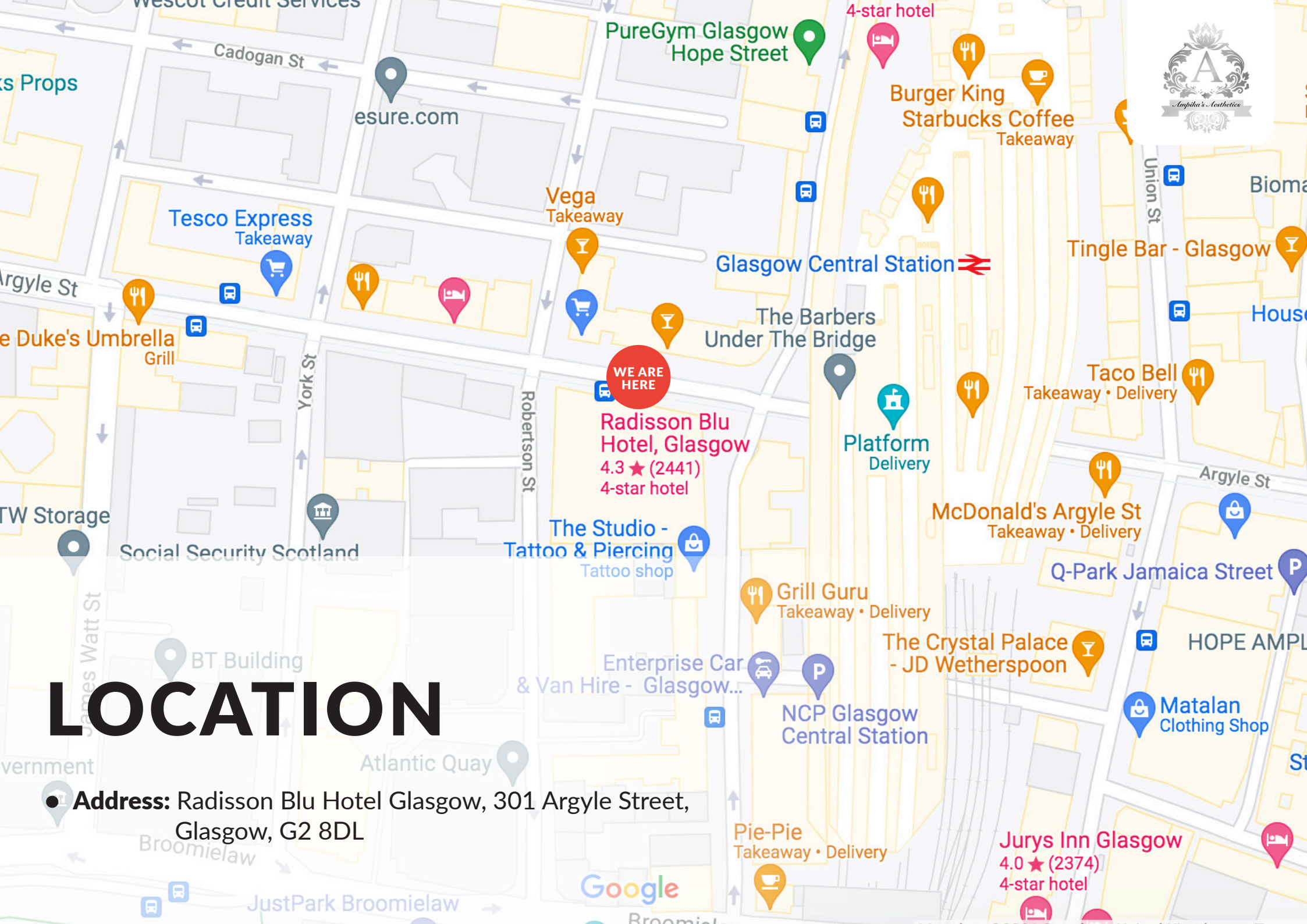


# ARRIVAL

All classes start at 9:30am prompt. You are to arrive at 8:50am ready to start each day.

The courses finish at approximately 5:30pm each day but may vary depending on your course content.





# LOCATION

● **Address:** Radisson Blu Hotel Glasgow, 301 Argyle Street, Glasgow, G2 8DL

Google

**Jurys Inn Glasgow**  
4.0 ★ (2374)  
4-star hotel

**Radisson Blu Hotel, Glasgow**  
4.3 ★ (2441)  
4-star hotel

**The Studio - Tattoo & Piercing**  
Tattoo shop

**Glasgow Central Station**

**Tesco Express Takeaway**

**Burger King**  
**Starbucks Coffee Takeaway**

**Taco Bell Takeaway • Delivery**

**McDonald's Argyle St**  
Takeaway • Delivery

**Grill Guru**  
Takeaway • Delivery

**The Crystal Palace - JD Wetherspoon**

**NCP Glasgow Central Station**

**Pie-Pie**  
Takeaway • Delivery

**PureGym Glasgow Hope Street**

esure.com

**Vega Takeaway**

**Duke's Umbrella Grill**

Social Security Scotland

BT Building

Atlantic Quay

JustPark Broomielaw

**Tingle Bar - Glasgow**

**Q-Park Jamaica Street**

**Matalan Clothing Shop**

**The Barbers Under The Bridge**

**Platform Delivery**

**Enterprise Car & Van Hire - Glasgow...**

**HOPE AMPL**

Broomielaw

Cadogan St

Argyle St

York St

Robertson St

Union St

Argyle St

James Watt St

Government

Props

**Duke's Umbrella Grill**

TW Storage

Government

Broomielaw

Biom

Hous

St



# TRANSPORT

- **From Glasgow Airport**

**By bus:** Take the Airport Express to the Waterloo Lane stop. You'll be just 350 meters from the hotel.

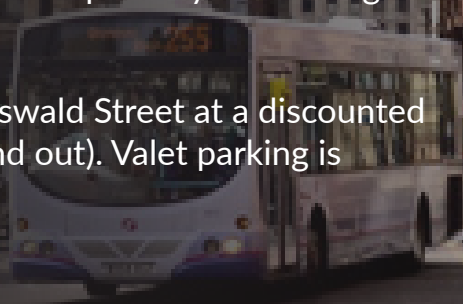
**By taxi:** Travel to the hotel by taxi takes about 20 minutes. The airport is about 14km from the hotel via M8.

**By car:** Exit the M8 at Junction 18: City Centre. Continue along Bothwell Street at the traffic lights. At the next set of lights turn right onto Wellington Street. Continue down Wellington Street straight through the next two sets of lights onto Robertson Street (the side of the hotel). Arriving at the next set of lights, turn left onto Broomielaw and then left again at the next lights onto Oswald Street. You will see the hotel on your left. Turn left at the lights onto Argyle Street to arrive at the front of the hotel.

- **From Glasgow Central Station**


**On foot:** The hotel is located on Argyle St just a few steps away from Glasgow Central station.

- **Parking:** Car parking is available nearby at NCP Oswald Street at a discounted rate from hotel reception (includes 1 journey in and out). Valet parking is available for an additional fee.



# ACCOMMODATION

- **Jurys Inn Glasgow**  
60-96 Jamaica Street, Glasgow City Centre, Glasgow, G1 4QG
- **Motel One Glasgow**  
78-82 Oswald Street , Glasgow City Centre, Glasgow, G1 4PL
- **The Z Hotel Glasgow**  
36 North Frederick Street, Glasgow City Centre, Glasgow, G1 2BS
- **Radisson RED Hotel**  
Finnieston Quay, 25 Tunnel Street, North West, Glasgow, G3 8HL
- **citizenM Glasgow**  
60 Renfrew Street, Glasgow City Centre, Glasgow, G2 3BW



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# DRESS CODE


Appropriate attire is needed throughout the duration of the course as this is a clinical environment.

**You will be expected to:**

- Wear flat, sensible, closed-toe shoes
- Wear tunic or salon wear
- Wear leggings/pants
- Have your hair tied back
- Provide your own protective face mask or visor

Failure to do so will put the clients and yourself at risk.





If you have any further questions, please contact  
us via email at [ampikasaesthetics@gmail.com](mailto:ampikasaesthetics@gmail.com)  
or call us on 0333 996 2690

*Ampika Pickston*