

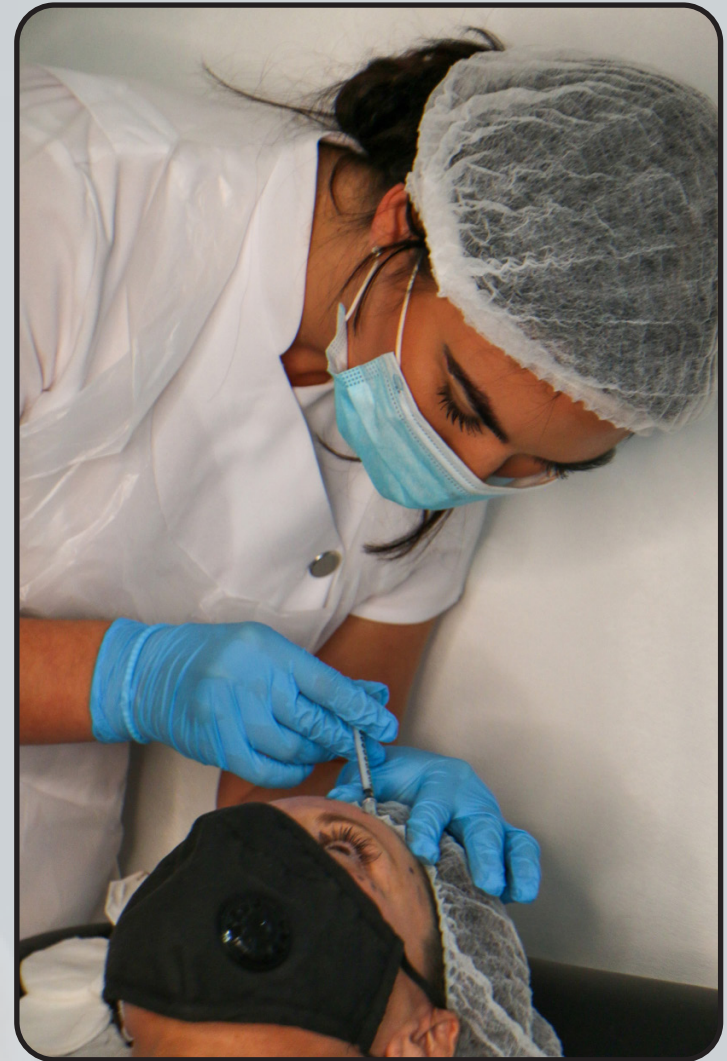
A close-up photograph of a woman's face, focusing on her eyes, nose, and mouth. Several white arrows are drawn on the right side of her face, pointing upwards and outwards, illustrating the lifting and tightening effects of PDO threads.

PDO THREADS COURSE OVERVIEW

By Ampika's Aesthetics

AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Microneedling or in Foundation Aesthetics such as Dermal Filler or Anti-wrinkle injections.
- If you are a total beginner please check out our Ultimate Aesthetics course. This is the pathway into injectables enabling you to go on to this course.





QUALIFICATION AWARDED

Upon completion of the course, you will gain
CPD accreditation in the following:



Along with this, you will also be given live models to
perform your case studies on before graduation.



TIMETABLE

This is a one day course covering the following:

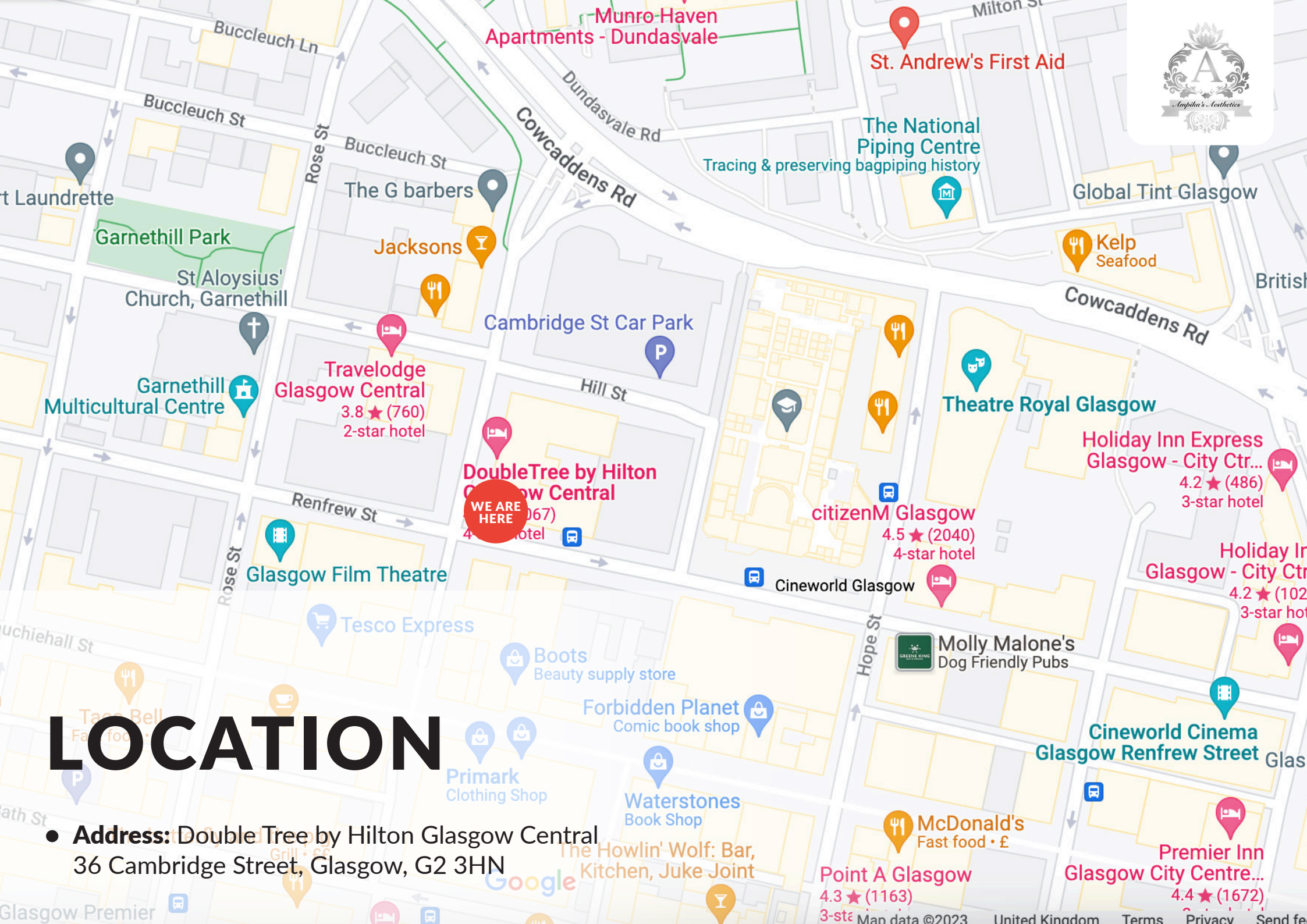
- Introduction meet and greet
- Revision over theory
- History of threads and PDO variables on the market
- Learning the techniques and carrying out live procedures on face and body areas of concern (*Breasts, Underarms, Stomach, Crows feet, Tear trough, Chin & jawline, Forehead, Mid face & jawline, Lowerface*)
- The use-age of lidocaine
- Indications
- Contraindications
- Selecting a suitable candidate
- The benefits of this treatment
- Consultation process
- Aftercare
- Sourcing the products and marketing with pricing structure:
- Course recap
- Graduation

ARRIVAL

All classes start at 9:00am prompt. You are to arrive at 8:50am ready to start each day.

The courses finish at approximately 5:30pm each day but may vary depending on your course content.





LOCATION

- **Address:** Double Tree by Hilton Glasgow Central
36 Cambridge Street, Glasgow, G2 3HN

Google

Point A Glasgow
4.3 ★ (1163)
3-star hotel

Premier Inn
Glasgow City Centre...
4.4 ★ (1672)
3-star hotel

TRANSPORT

- **By bus/train:** You can get to DoubleTree by Hilton Glasgow Central by bus and train. The nearest bus stop is Buchanan Bus Station. The bus stop is 0.4 miles / 0.6 km from DoubleTree by Hilton Glasgow Central. The nearest train station is Glasgow Queen Street and Glasgow Central Station. The train station is 0.5 miles / 0.8 km from DoubleTree by Hilton Glasgow Central. Glasgow Queen Street Station is 0.5 miles walking distance to the hotel. Glasgow Central Station is 0.6 miles walking distance to the hotel. If travelling from UK bus station, Buchanan Bus Station will be your main stop for Glasgow. See <http://www.spt.co.uk/bus/bus-stations/buchanan-bus-station/> for accessibility. We have bus stops located on Renfrew Street (at the side of the hotel) that can connect you to local bus routes.
- **Parking:** There are 7 accessible parking spaces. Parking is not free. From the car park to the entrance, there is a lift. The route is 1480mm wide, or more. Our car park is located underneath the hotel, it has two floors; Lower Ground (LG) and Basement (B). Its is barrier entry, when you arrive you take a ticket and park. It has space for 200 vehicles over the two floors. The price for parking is: Residents - £9.00 for overnight stay, at check-out please have your ticket ready to be validated at Reception. Conference delegates - £7.50 for max 10 hours. Please validate your ticket at Reception. Standard prices - Mon to Sat £2.30 p/h and all day Sunday £3.50 There is a drop-off point at the main entrance. The drop-off point does not have a dropped kerb.



ACCOMMODATION



- **Double Tree by Hilton Glasgow Central**
36 Cambridge Street, Glasgow, G2 3HN
Travel time: Ampika's Aesthetics Training School Location
- **Grasshoppers Hotel**
87 Union Street, Glasgow G1 3TA
Travel time: 11 minute walk to Ampika's Aesthetics
- **Yotel Glasgow**
Westergate, 260 Argyle Street, Glasgow, G2 8QW
Travel time: 13 minute walk to Ampika's Aesthetics
- **Motel One Glasgow**
78-82 Oswald Street, Glasgow, G1 4PL
Travel time: 13 minute walk to Ampika's Aesthetics
- **Radisson Blu Hotel**
301 Argyle Street, Glasgow, G2 8DL
Travel time: 14 minute walk to Ampika's Aesthetics
- **Jurys In Glasgow**
80 Jamaica Street, Glasgow, G1 4QG
Travel time: 15 minute walk to Ampika's Aesthetics





DRESS CODE


Appropriate attire is needed throughout the duration of the course as this is a clinical environment.

You will be expected to:

- Wear flat, sensible, closed-toe shoes
- Wear tunic or salon wear
- Wear leggings/pants
- Have your hair tied back
- Provide your own protective face mask or visor

Failure to do so will put the clients and yourself at risk.





If you have any further questions, please contact
us via email at ampikasaesthetics@gmail.com
or call us on 0333 996 2690

Ampika Pickston