

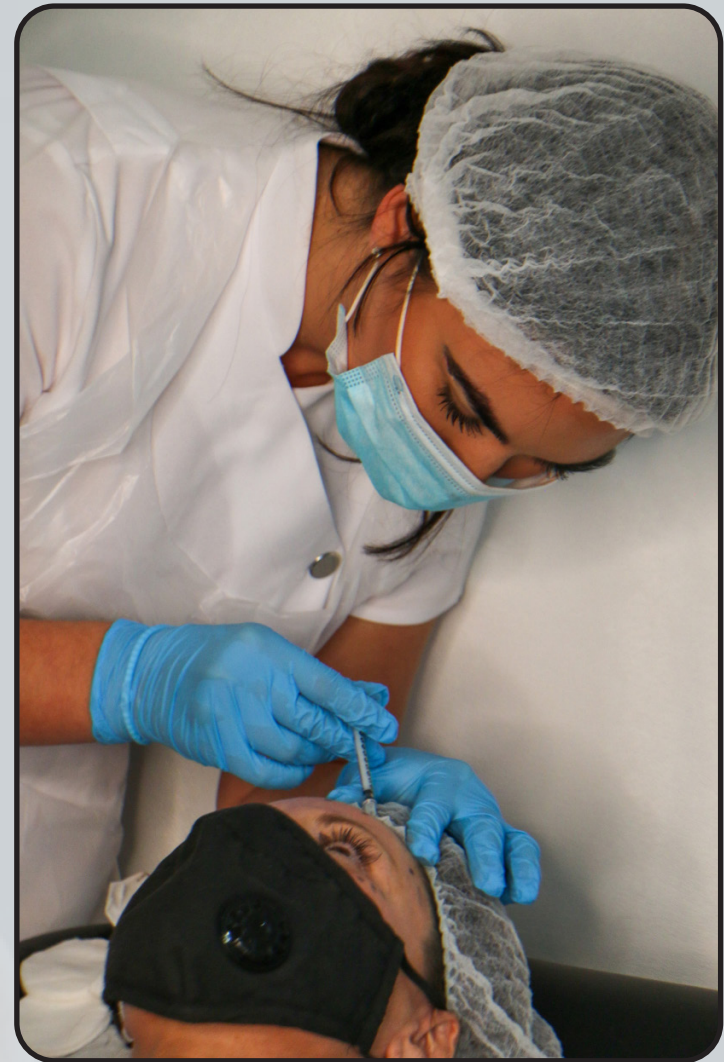


PDO THREADS COURSE OVERVIEW

By Ampika's Aesthetics

AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Microneedling or in Foundation Aesthetics such as Dermal Filler or Anti-wrinkle injections.
- If you are a total beginner please check out our Ultimate Aesthetics course. This is the pathway into injectables enabling you to go on to this course.





QUALIFICATION AWARDED

Upon completion of the course, you will gain CPD accreditation in the following:

 **PDO Threads**

Along with this, you will also be given live models to perform your case studies on before graduation.





TIMETABLE

This is a one day course covering the following:

- Introduction meet and greet
- Revision over theory
- History of threads and PDO variables on the market
- Learning the techniques and carrying out live procedures on face and body areas of concern (*Breasts, Underarms, Stomach, Crows feet, Tear trough, Chin & jawline, Forehead, Mid face & jawline, Lowerface*)
- The use-age of lidocaine
- Indications
- Contraindications
- Selecting a suitable candidate
- The benefits of this treatment
- Consultation process
- Aftercare
- Sourcing the products and marketing with pricing structure:
- Course recap
- Graduation

ARRIVAL

All classes start at 9am prompt. You are to arrive at 8:50am ready to start each day.

The courses finish at approximately 5:30pm each day but may vary depending on your course content.

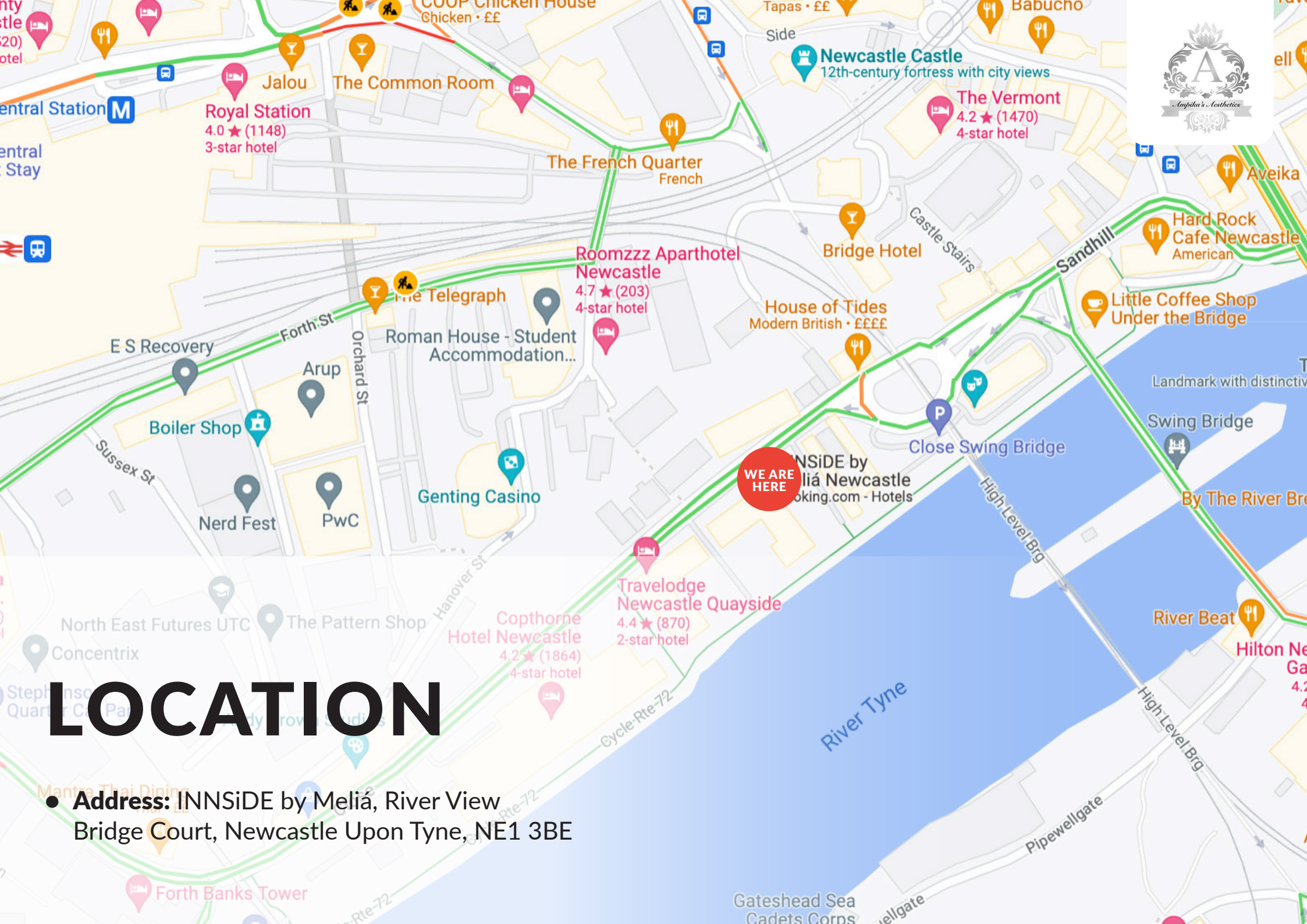
PLEASE NOTE THE TIMINGS OF THE COURSE WILL CHANGE TO THE FOLLOWING FROM OCTOBER 1ST 2023:

The course will start at 11am and end at 7.30pm. There are two breaks throughout the day. The first break is 3pm - 3.30pm and the second break is at 5pm - 5.30pm.

Please bring your own food and refreshments as we are limited on time as we are providing a large amount of models for you to learn and train upon.

Please arrive 10 minutes early.





LOCATION

● **Address:** INNSiDE by Meliá, River View
Bridge Court, Newcastle Upon Tyne, NE1 3BE



TRANSPORT

- **Travelling by Car**

From the A1 in any direction, continue to follow until reaching signs for A184 Gateshead/Newcastle (Centre). Take the slip road and continue to follow A184 St James' Road over the bridge. Remain in the left lane. At the roundabout, take the 1st exit onto Scotswood Road and then follow signs for B1600 Quayside, leading onto Railway Street. Continue to follow B1600 for around 1 mile. Once passing under the bridge, the Hotel will be on the right.

- **Travelling by Train**

INNSiDE by Meliá is just an 8 minute walk from Newcastle Train Station on Neville Street. Come out of the station and Turn right onto Neville St/A186. Continue onto Westgate Rd/A186. Turn right onto Clavering Pl. Turn left at the end of the road and you will find the hotel opposite.





ACCOMMODATION

- **INNSiDE by Meliá**
River View, Bridge Court, Newcastle Upon Tyne, NE1 3BE
Ampika's Aesthetics training Location
- **Hotel Indigo**
2/8 Fenkle Street, Newcastle Upon Tyne, NE1 5XU
Travel time: 8 minute walk to Ampika's Aesthetics
- **Sleeperz Hotel**
15 Westgate Road, Newcastle Upon Tyne, NE1 1SE
Travel time: 7 minute walk to Ampika's Aesthetics
- **Premier inn Newcastle City**
95 Newgate Street, Newcastle Upon Tyne, NE1 5RF
Travel time: 10 minute walk to Ampika's Aesthetics
- **County Aparthotel**
Neville Street, Newcastle upon Tyne, NE1 5DF
Travel time: 8 minute walk to Ampika's Aesthetics
- **The Royal Station Hotel**
Neville Street, Newcastle upon Tyne, NE1 5DH
Travel time: 6 minute walk to Ampika's Aesthetics





DRESS CODE

Appropriate attire is needed throughout the duration of the course as this is a clinical environment.

You will be expected to:

- Wear flat, sensible, closed-toe shoes
- Wear tunic or salon wear
- Wear leggings/pants
- Have your hair tied back
- Provide your own protective face mask or visor

Failure to do so will put the clients and yourself at risk.





If you have any further questions, please contact
us via email at ampikasaesthetics@gmail.com
or call us on 0333 996 2690

Ampika Pickston