



# PDO THREADS COURSE OVERVIEW

*By Ampika's Aesthetics*

# AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Microneedling or in Foundation Aesthetics such as Dermal Filler or Anti-wrinkle injections.
- If you are a total beginner please check out our Ultimate Aesthetics course. This is the pathway into injectables enabling you to go on to this course.







# QUALIFICATION AWARDED

Upon completion of the course, you will gain  
CPD accreditation in the following:



Along with this, you will also be given live models to  
perform your case studies on before graduation.



# TIMETABLE

**This is a one day course covering the following:**

- Introduction meet and greet
- Revision over theory
- History of threads and PDO variables on the market
- Learning the techniques and carrying out live procedures on face and body areas of concern (*Breasts, Underarms, Stomach, Crows feet, Tear trough, Chin & jawline, Forehead, Mid face & jawline, Lowerface*)
- The use-age of lidocaine
- Indications
- Contraindications
- Selecting a suitable candidate
- The benefits of this treatment
- Consultation process
- Aftercare
- Sourcing the products and marketing with pricing structure:
- Course recap
- Graduation



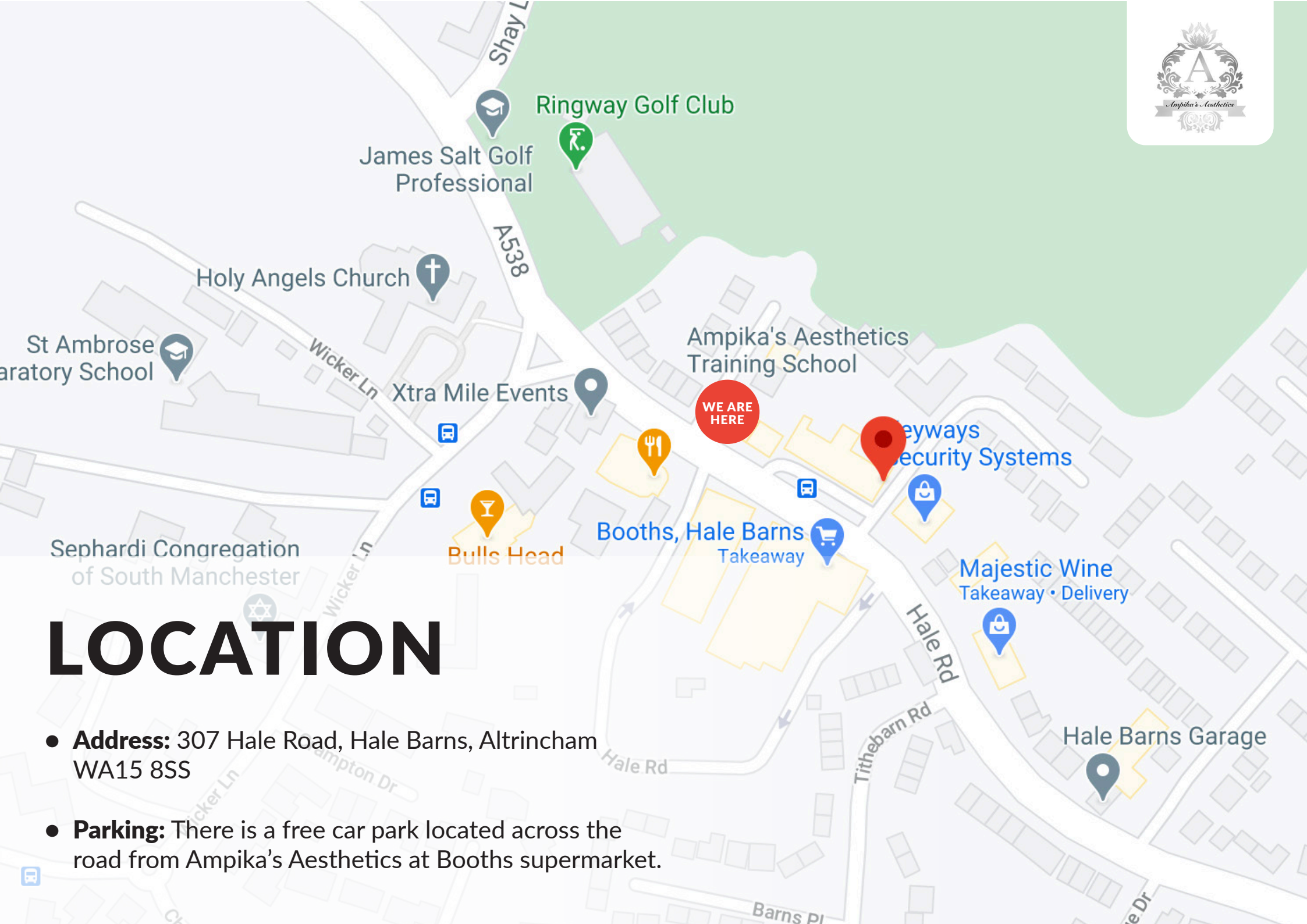


# ARRIVAL

All classes start at 9:00am prompt. You are to arrive at 8:50am ready to start each day.

The courses finish at approximately 5:30pm each day but may vary depending on your course content.





# LOCATION

- **Address:** 307 Hale Road, Hale Barns, Altrincham WA15 8SS
- **Parking:** There is a free car park located across the road from Ampika's Aesthetics at Booths supermarket.



# TRANSPORT

- **Bus:** There is a bus stop directly outside the training academy. Services 88, 288 and 284 stop here.
- **Tram:** The nearest tram stop to Ampika's Aesthetics is the Manchester Airport line. This stop is 3 miles from the academy.
- **Train:** The nearest train station to our academy is Hale Station as it's only 2 miles away. Another close by station is Manchester Airport which has access to more lines.
- **Taxi:** As we are situated near the airport, there is always a high number of taxi services available in the area at short notice. Uber's also available.





# ACCOMMODATION

- **Bulls Head:** Wicker Ln, Hale Barns, Altrincham  
WA15 0HG  
*Travel Time: 2 minute walk to Ampika's Aesthetics.*
- **Manchester Airport:** Premiere Inn, Runger Lane,  
Wilmslow Road, Manchester Airport, M90 5DL  
*Travel Time: 8 minute drive to Ampika's Aesthetics.*
- **Marriot Hotel:** Hale Road, Hale Barns, Manchester  
WA15 8XW  
*Travel Time: 3 minute drive to Ampika's Aesthetics.*
- **Hale Barns House:** Oak Croft, Hale, WA15 8UU  
*Travel Time: 3 minute drive to Ampika's Aesthetics.*
- **Holiday Inn:** Runger Lane, Manchester Airport,  
Manchester, M90 5DL  
*Travel Time: 6 minute drive to Ampika's Aesthetics.*
- **Airbnb** in Hale Barns







# DRESS CODE


Appropriate attire is needed throughout the duration of the course as this is a clinical environment.

**You will be expected to:**

- Wear flat, sensible, closed-toe shoes
- Wear tunic or salon wear
- Wear leggings/pants
- Have your hair tied back
- Provide your own protective face mask or visor

Failure to do so will put the clients and yourself at risk.





If you have any further questions, please contact  
us via email at [ampikasaesthetics@gmail.com](mailto:ampikasaesthetics@gmail.com)  
or call us on 0333 996 2690

*Ampika Pickston*