

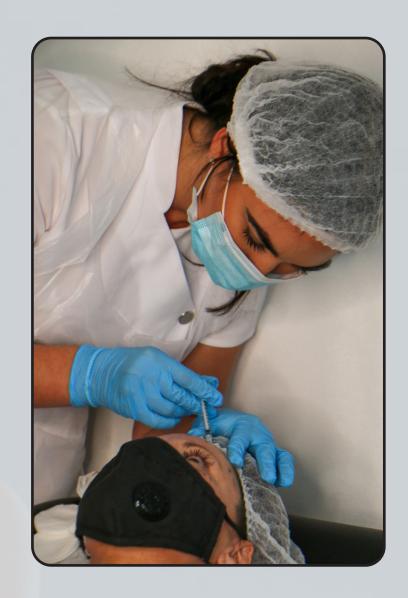
GOLD AESTHETICS COURSE OVERVIEW

By Ampika's Aesthetics



AM I ELIGIBLE?

- No experience required. Total beginners accepted.
- A good understanding of written/spoken English in order to complete assignments.



QUALIFICATION AWARDED

Upon competition of the course, you will gain CPD and Qualifi accreditation in the following:

- Anatomy and Physiology accreditation
- Basic life support CPD accreditation
- Foundation Anti wrinkle & Dermal filler accreditation
- Advanced Anti wrinkle & Dermal filler accreditation
- Superficial and medium strength chemical peels accreditation
- Microneedling accreditation
- Level 4 qualification in skin rejuvenation for aesthetic practice
- Level 5 in Aesthetic Practice qualification

Along with this, you will also be taught a full clinical set up, business support and marketing strategies to help kick start your business.





This is a three day practical course and one day virtual training to cover all the aspects of theory and practical training. Within your first virtual day of training and practical days these are the subjects and practical assessments you will learn and gain accreditation in:

- Introduction meet and greet.
- Safe Medicines Management
- Safe Practices in Medicine
- Facial Anatomy
- Derma Pen and Mesotherapy
- Botulinum Toxin injections on live models
- Dermal Filler injections on live models
- Biotin & B12 injections on live models
- Microneedling on live models





ULTIMATE AESTHETICS TIMETABLE

Theory of Anti-Wrinkle Injections

- Benefits of Anti-Wrinkle Injections
- Pharmacology
- Development of Botulinum Toxins + Mode of Action
- Onset of Anti-Wrinkle Injections
- Basic Anti-Wrinkle Injection Areas
- Consultation process
- Contraindications
- Cautions
- Injection Techniques
- Preparing to inject
- Facial Muscles
- Areas and Units
- Aftercare

Theory of Microneedling & Mesotherapy

Dermal Filler Theory

- Benefits of Dermal Fillers
- Hyaluronic Acid
- Basic Filler Areas
- Structure of the Skin
- Arteries Feeding the Face
- Consultation Process
- Contraindications
- Cautions
- Injection Techniques
- Preparing to inject
- Lip Anatomy
- Emergency Reversal Protocol
- Elective Reversal Protocol
- Administration of Hyalase
- Aftercare





ULTIMATE AESTHETICS TIMETABLE

- Demonstration of Dermal Fillers on live model
- Practical Case Studies of Naso fold, Marionette lines, vermilion board, volume of bottom and top lip
- Clinical set up
- Business structure
- Social media and marketing

- Recap questions
- Demonstration of Anti-Wrinkle Injecatbles
- Practical Case Studies of Crows feet, Forehead, and Frown lines.
- Recap of Course
- Graduation







LEVEL 4 COURSE OVERVIEW

Level 4 course consists of:

EIGHT TRAINING MODULES

Units completed on this course in the following areas:

- Health, safety and hygiene for aesthetic procedures
- Client consultation for aesthetic procedures
- The biochemistry and biology of cells
- Skin morphology and the inflammatory response
- Skin disorders and diseases relative to aesthetic practice
- Skin rejuvenation using microneedling
- Skin rejuvenation using superficial chemical peels
- Skincare to support aesthetic procedures





LEVEL 5 COURSE OVERVIEW

Level 5 course consists of:

- FIVE MODULES
- TWO ASSIGNMENTS
- PRACTICAL DAYS

The practical days will be allocated within your training schedule.

The modules and Assignments are structured and need to be completed by set dates.

In the first month, you will read through the manuals provided in the training portal for Level 5. This equates to reading each day for an hour or so.

Units completed on this course in the following areas:

- Legal and Regulatory Requirements in Aesthetic Practice
- Professional Standards within Aesthetic Practice
- Working Collaboratively with Healthcare Professionals
- Anatomy, Physiology and Morphology of the Ageing Face
- Skin Micro-needling and Chemical Peels



ADVANCED ANTI-WRINKLE & DERMAL FILLER TIMETABLE

DAY 1

- Introduction meet and greet.
- Theory of Advanced Filler & Advanced Anti Wrinkle Injectables
 - Benefits of Advanced Filler & Advanced Anti Wrinkle Injectables
 - Contraindications
 - Cautions
 - Injection techniques
 - Preparing to inject
 - Lessening and eliminating lines and wrinkles
 - Softening features
 - Facial muscles and arteries
 - Areas (Jaw Augmentation, Non surgical Rhinoplasty, Cheek Augmentation, Chin Augmentation, Tear Trough Russian Lip Technique, Temporalis)
 - Marking up
 - Areas and units (Downward smile, Gummy smile, Hyperhidrosis, Brow lift, Neck lift, Bunny lines, Nose flair and tip, Masseter jawline, Mentalis, Marionette lines, Perioral lines, Infraorbital lines
 - Aftercare
 - Demonstration of Advanced Filler & Advanced Anti Wrinkle Injectables on live model
 - Practical case studies on live models



ADVANCED ANTI-WRINKLE & DERMAL FILLER TIMETABLE

DAY 2

- Demonstration of Advanced Filler & Advanced Anti Wrinkle Injectables on live model
- Practical case studies on live models
- Course recap
- Graduation

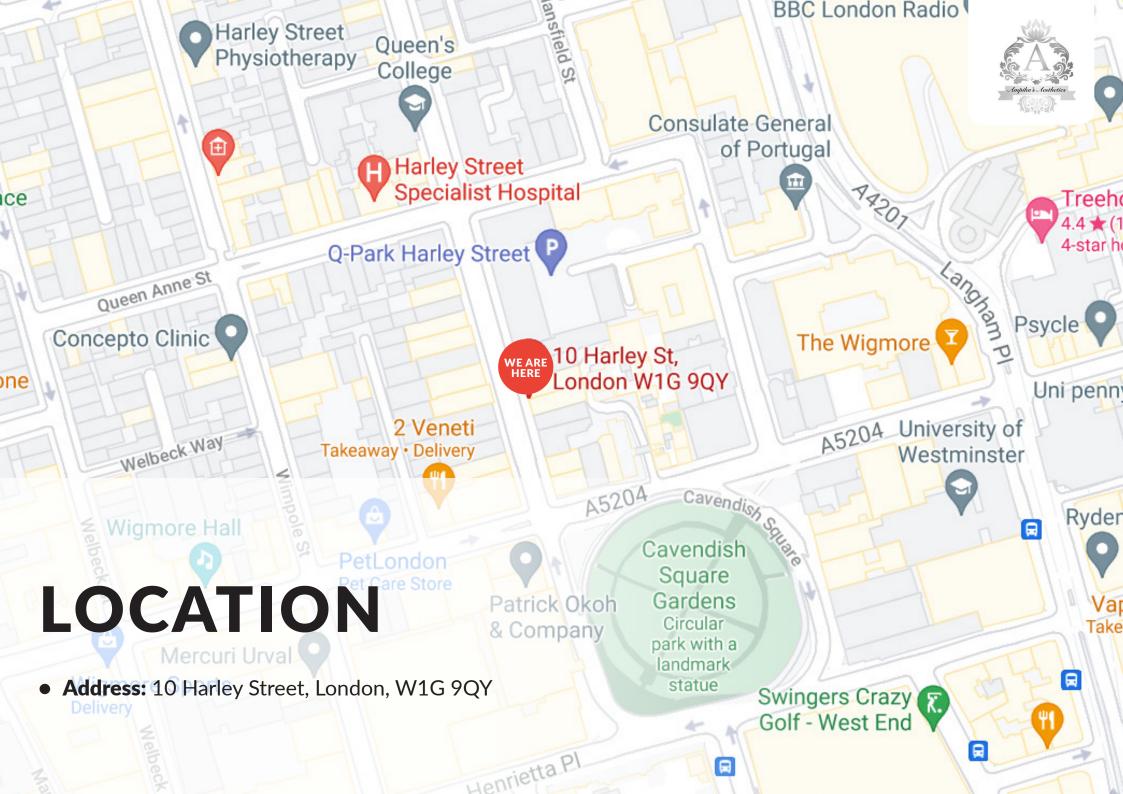




ARRIVAL

Please contact Ampika's Training Academy on 0333 996 2690 to find out your time of arrival each day for your practical sessions.





TRANSPORT

- **Tube:** The nearest tube stations are, Bond Street, Oxford Circus & Regents Park.
- **Train:** The nearest train stations to our academy are Euston and Marylebone train stations. Both are around a 25 minute walk or a 10/15 minute taxi (depending on traffic)
- **Taxi:** As we are situated near the airport, there is always a high number of taxi services available in the area at short notice. Uber's also available.
- **Parking:** There are two main car parks situated close to Harley Street:
 - NCP London Harley Street*
 - Q-Park Oxford Street*

Please check availability in advance





Hub by Permier Inn
 Brook House, Torrington Place, London, WC1E 7HN
 Travel time: 15 minute walk to Ampika's Aesthetics

Hub by Premier Inn Covent Garden
 110 St Martins Lane, London, WC2N 4BA
 Travel time: 15 minute walk to Ampika's Aesthetics

Holiday inn Regents Park
 Carburton Street, London, W1W 5EE
 Travel time: 10 minute walk to Ampika's Aesthetics

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If you have any further questions, please contact us via email at ampikasaesthetics@gmail.com or call us on 0333 996 2690

Ampika Pickston