

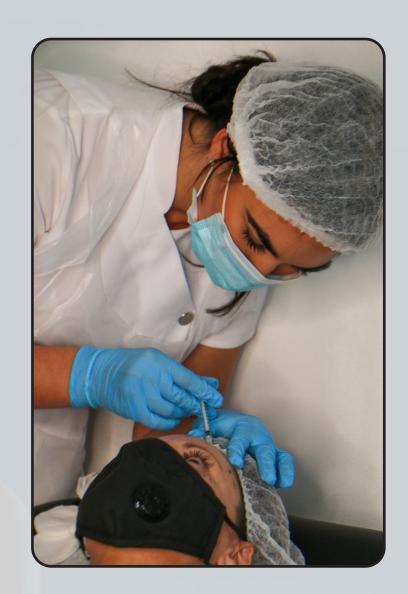
POLYNUCLEOTIDES COURSE OVERVIEW

By Ampika's Aesthetics



AM I ELIGIBLE?

- This course is designed for students who are qualified in Foundation and Advanced Dermal Filler procedures.
- If you're not injectable trained, you can attend our beginners course, Ultimate Aesthetics, followed by our Advanced Dermal Filler course to gain your injectable qualification before attending this course.







TIMETABLE

The one day course is split between practical and theory-based modules including:

- Anatomy & Physiology recap
- Product discussion (NUCLEFILL)
- Techniques taught bap/mesotherapy/cannual
- Areas covered includes face/body/eyes
- Client suitability assessment and consultation
- Aftercare
- Side effects and complications
- Practice on a live model



ARRIVAL

All classes start at 9am prompt. You are to arrive at 8:50am ready to start each day.

The courses finish at approximately 5:30pm each day but may vary depending on your course content.

PLEASE NOTE THE TIMINGS OF THE COURSE WILL CHANGE TO THE FOLLOWING FROM OCTOBER 1ST 2023:

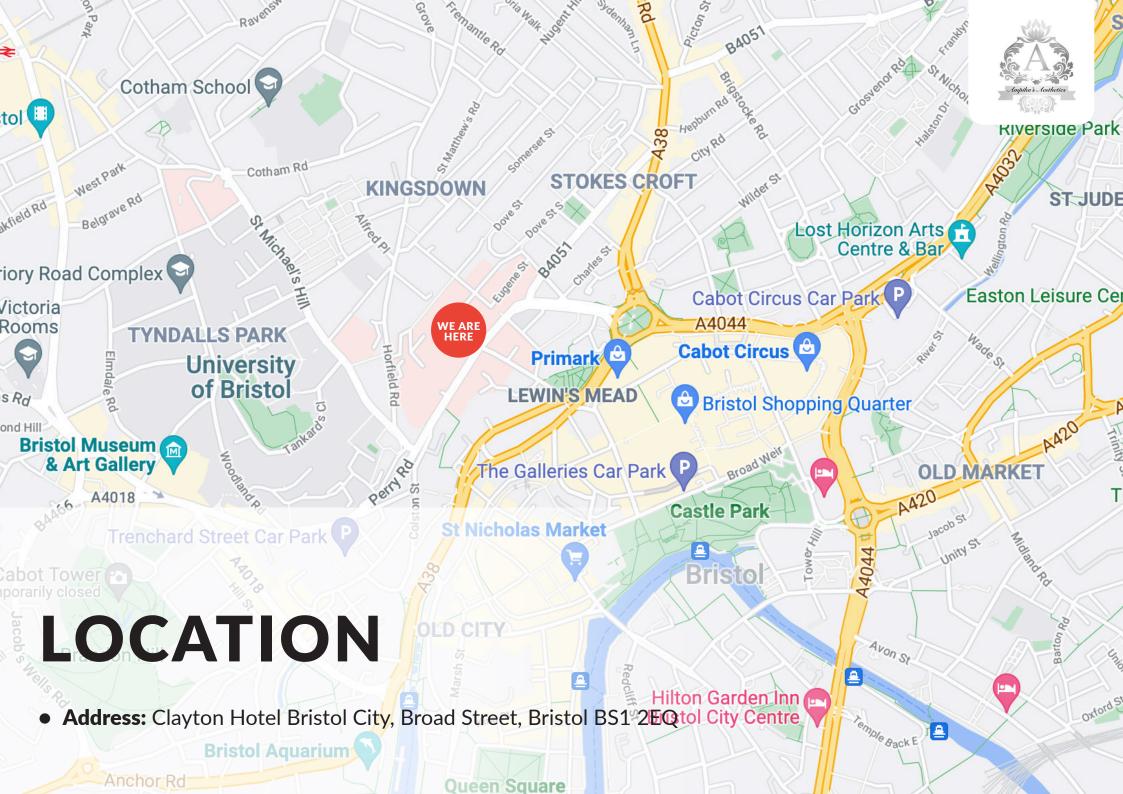
The first day of the course will start at 11am and end at 7pm. There are two breaks throughout your first day. The first break is 3pm - 3.30pm and the second break is at 5pm - 5.30pm.

The second and third day will run from 9am - 5.30pm with one lunch break which is 1pm - 1.30pm.

Please bring your own food and refreshments as we are limited on time as we are providing a large amount of models for you to learn and train upon.

Please arrive 10 minutes early each day.







Airport Transfers

A bus service is available for transport from Bristol International airport. Bristol Airport Flyer runs 7 days per week, every 20 minutes. The nearest stop to the hotel is C1 Rupert Street & C2 Anchor Road. The hotel is located 600yards from the main street.

• From Bristol Temple meads Train station

A short 15-minute walk away approx. 0.8 miles. Exit the station onto the station approach road. Turn right onto temple gate. At the next junction follow Victoria Street until you reach Bristol Bridge. After crossing Bristol Bridge follow the high street for approx. 200 yards until it meets Broad Street. The hotel is located at the bottom of Broad Street.

Coming from the M4 London

Take Junction 19 for the M32. Follow the M32 until it meets the A4032 and A4044. Follow this road until the James Barton roundabout, take the 1st exit. Vear left with the road, take the left turn after the old Fire station onto Bridwell Street. Take a left onto Nelson Street, your first right and right again. The entrance to Nelson Street car park will be in front of you.

ACCOMMODATION

The Clayton Hotel
 Broad Street, Bristol, BS1 2EQ
 Ampika's Aesthetics training Location

Mercure Bristol Grand Hotel
 Broad Street, Bristol, BS1 2EL
 Travel time: 1 minute walk to Ampika's Aesthetics

Rock & Bowl Motel
 Broad Street, Bristol, BS1 2EQ
 Travel time: 2 minute walk to Ampika's Aesthetics

Bristol Harbour Spa Hotel
 53-55 Corn Street, Bristol, BS1 1HT
 Travel time: 2 minute walk to Ampika's Aesthetics

Premier Inn Bristol City Centre
 Lewins Mead, Bristol, BS1 2NT
 Travel time: 3 minute walk to Ampika's Aesthetics





If you have any further questions, please contact us via email at ampikasaesthetics@gmail.com or call us on 0333 996 2690

Ampika Pickston