

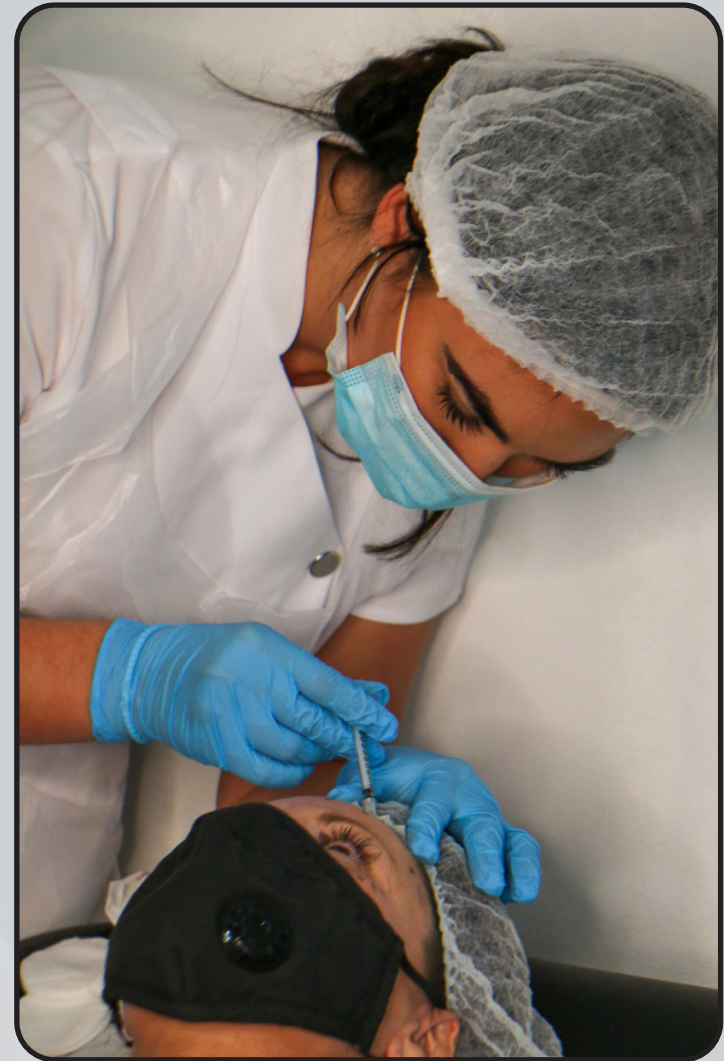


# **PDO THREADS COURSE OVERVIEW**

*By Ampika's Aesthetics*

# AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Microneedling or in Foundation Aesthetics such as Dermal Filler or Anti-wrinkle injections.
- If you are a total beginner please check out our Ultimate Aesthetics course. This is the pathway into injectables enabling you to go on to this course.





# QUALIFICATION AWARDED

Upon completion of the course, you will gain CPD accreditation in the following:

 **PDO Threads**

Along with this, you will also be given live models to perform your case studies on before graduation.





# TIMETABLE

**This is a one day course covering the following:**

- Introduction meet and greet
- Revision over theory
- History of threads and PDO variables on the market
- Learning the techniques and carrying out live procedures on face and body areas of concern (*Breasts, Underarms, Stomach, Crows feet, Tear trough, Chin & jawline, Forehead, Mid face & jawline, Lowerface*)
- The use-age of lidocaine
- Indications
- Contraindications
- Selecting a suitable candidate
- The benefits of this treatment
- Consultation process
- Aftercare
- Sourcing the products and marketing with pricing structure:
- Course recap
- Graduation



# DRESS CODE


Appropriate attire is needed throughout the duration of the course as this is a clinical environment.

## **You will be expected to:**

- Wear flat, sensible, closed-toe shoes
- Wear tunic or salon wear
- Wear leggings/pants
- Have your hair tied back
- Provide your own protective face mask or visor

Failure to do so will put the clients and yourself at risk.





If you have any further questions, please contact  
us via email at [ampikasaesthetics@gmail.com](mailto:ampikasaesthetics@gmail.com)  
or call us on 0333 996 2690

*Ampika Pickston*