



# **LEVEL 5 AESTHETIC COURSE**

## **COURSE OVERVIEW**

*By Ampika's Aesthetics*

# AM I ELIGIBLE?

- A minimum of a Level 4 qualification in a related sector such as:
  - A QUALIFI Level 4 Diploma in Aesthetic Procedures for Skin Rejuvenation
  - A QUALIFI Level 4 Certificate in Aesthetic Practice
  - A QUALIFI Level 4 Diploma/Certificate in Micropigmentation
  - A QUALIFI Level 4 Certificate in Laser, Light and Energy-Based Procedures
  - Or Equivalent Level 4 Regulated Qualification in the relevant sector

Plus

- Current and valid Basic Life Support (BLS) and anaphylaxis management qualification

In addition, all learners must prove they hold a relevant English language qualification if English is not their first language



# QUALIFICATION AWARDED

This course is fully accredited and certified by Qualifi.

Regulated qualifications, also known as accredited qualifications, are those that are reviewed, recognised and monitored by the UK Regulators to ensure that they meet specific criteria and quality standards. The requirements for the regulated qualifications to be accredited are set out in the regulatory arrangements of the General Conditions of Recognition in England (OfQual).

Upon completion of the course, you will gain a Qualifi accreditation in the following:

## **Level 5 Aesthetics**

Along with this, you will also be given live models to perform your case studies on before graduation.





# COURSE OVERVIEW

**Level 5 course consists of:**

- FIVE MODULES
- TWO ASSIGNMENTS
- PRACTICAL DAYS

The practical days will be allocated within your training schedule.

The modules and Assignments are structured and need to be completed by set dates.

In the first month, you will read through the manuals provided in the training portal for Level 5.

This equates to reading each day for an hour or so.

**Units completed on this course in the following areas:**

- Legal and Regulatory Requirements in Aesthetic Practice
- Professional Standards within Aesthetic Practice
- Working Collaboratively with Healthcare Professionals
- Anatomy, Physiology and Morphology of the Ageing Face
- Skin Micro-needling and Chemical Peels



# DRESS CODE

The chosen uniform should be clean and well pressed and made of cotton or a polycotton, which may potentially be boil washed. It should be comfortable and allow a full range of movement and be worn whenever they are carrying out treatments/procedures

- Students should change into their uniform when they arrive at the centre/clinic, to avoid any contamination of their clothing during their journey to your centre/clinic
- Lower arms should be bare, to avoid any cross-contamination
- A new disposable apron should be used for each client/patient
- Face masks and gloves should be worn by the practitioner
- Use of universal infection control precautions, clean and disinfected environment, effective handwashing
- Use of PPE (gloves, masks, visors, eyewear, apron), sharps safety, sterilised tools and equipment and skin preparation to reduce risk of infection.)
- Minimal jewellery should be worn – plain wedding band and stud piercings only
- Hair should be clean and securely tied back off the face and collar, hairnets may be worn
- Nail extensions should not be worn, we are aware gloves are worn for most aesthetics procedures; however, length is an issue and may affect the application of the procedure
- Nails should be short, clean, and free from varnish, long nails harbour more dirt and bacteria than short nails and could contribute to the spread of infections
- Shoes should be clean, low heeled, closed in and comfortable. Ideally, they should only be worn in the clinic/centre .
- **NO COATS OR CARDIGANS TO BE WORN OVER YOUR SCRUBS OR WORKING OUTFIT** whilst you are carrying out any treatments.
- Should you be cold please wear extra body layers to help promote a stable body temperature. Thermal skin vests can be worn under your tunics.
- Shoes **MUST BE CLEAN** covering all of the feet.
- **NO** sling backs.
- **NO** strappy shoes.
- **NO** open parts of the foot or toes to be exposed.
- **NO** fringes that are hitting your eyebrows or lower must be clipped back securely.

PLEASE DO NOT TURN UP without taking the above into consideration. This will hinder your learning experience should you not act responsibly and maintain professionalism at all times.



# BEHAVIOUR

## Recommended Behaviour

- All bags, outerwear, phones, and personal belongings should be stored in provided lockers/storage areas, unless otherwise arranged with the tutor
- Water is the only drink permitted in sessions
- No other food or drinks are permitted

N.B. We can at times permit a learner to use their phone in the session to take before and after pictures, learners must always maintain a sterile field. Phones should be cleaned when they are brought into the session, gloves are applied after the before pictures and removed before the after pictures.



If you have any further questions, please contact  
us via email at [ampikasaesthetics@gmail.com](mailto:ampikasaesthetics@gmail.com)  
or call us on 0333 996 2690

*Ampika Pickston*