



COMBINATION ANTI-WRINKLE AND DERMAL FILLER

COURSE OVERVIEW

By Ampika's Aesthetics

AM I ELIGIBLE?

- You must be fully confident and have mastered your skills at foundation level in both areas before enrolling on this course. Students that have qualified at Ampika's Aesthetics are able to book onto this course at the discounted rate.
- **YOU ARE NOT** permitted to join the practical course unless you have watched the training manual for your course and completed your online class maker exam. Upon purchasing your course you will be sent access to join our student portal. This supports all our students with online tutorials and video manuals explaining the theory side needed to support your training knowledge. This is crucial to complete the video and online exam four days before your practical course date. Should you fail to do so you will have to be booked onto a future course at a future date and there will be a cost to this.



QUALIFICATION AWARDED

Upon completion of the course, you will gain
CPD accreditation in the following:

- ★ **Advanced Anti-Wrinkle**
- ★ **Advanced Dermal Filler**

Along with this, you will also be taught a full clinical set
up and client consultation to help kick start your clinic.



TIMETABLE

DAY 1

- Introduction meet and greet.
- Theory of Advanced Filler & Advanced Anti Wrinkle Injectables
 - Benefits of Advanced Filler & Advanced Anti Wrinkle Injectables
 - Contraindications
 - Cautions
 - Injection techniques
 - Preparing to inject
 - Lessening and eliminating lines and wrinkles
 - Softening features
 - Facial muscles and arteries
 - Areas (*Jaw Augmentation, Non surgical Rhinoplasty, Cheek Augmentation, Chin Augmentation, Tear Trough Russian Lip Technique, Temporalis*)
 - Marking up
 - Areas and units (*Downward smile, Gummy smile, Hyperhidrosis, Brow lift, Neck lift, Bunny lines, Nose flair and tip, Masseter jawline, Mentalis, Marionette lines, Perioral lines, Infraorbital lines*)
 - Aftercare
 - Demonstration of Advanced Filler & Advanced Anti Wrinkle Injectables on live model
 - Practical case studies on live models

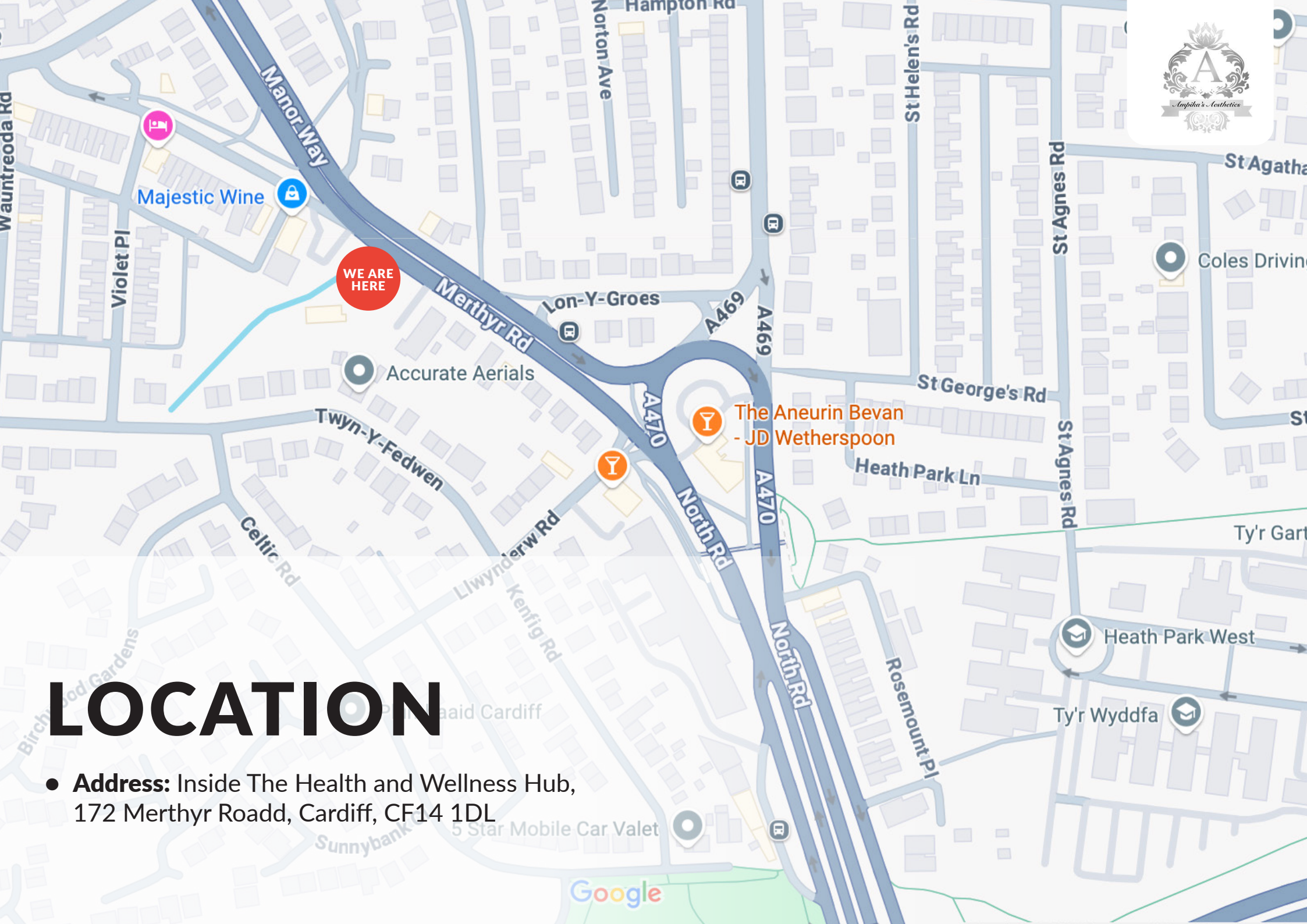




TIMETABLE

DAY 2

- Demonstration of Advanced Filler & Advanced Anti Wrinkle Injectables on live model
- Practical case studies on live models
- Course recap
- Graduation



LOCATION

- **Address:** Inside The Health and Wellness Hub,
172 Merthyr Road, Cardiff, CF14 1DL



ARRIVAL

Classes start at 9am prompt.

You are to arrive at 8:50am ready to start each day.

The course will finish at approximately 6pm however may vary depending on your course content.

Lunch break is 1pm - 2pm.





MODELS

We advertise and place a lot efforts into sourcing models to cover ALL areas of Anti Wrinkle treatments and Advanced Dermal Filler treatments, however we do NOT guarantee that a model will be supplied for each area.

We have on average 60 - 90 models who attend the training school for treatments throughout a two to three day course.

Any treatment you have not been able to carry out, we will demonstrate and show you how to administer the product and unit use for each area of the face.

This is also shared to you in the way of a training portal which has all your treatment areas covered. A step by step guide is provided on our bespoke Ampika's Aesthetics training app.

DRESS CODE

The chosen uniform should be clean and well pressed and made of cotton or a polycotton, which may potentially be boil washed. It should be comfortable and allow a full range of movement and be worn whenever they are carrying out treatments/procedures

- Students should change into their uniform when they arrive at the centre/clinic, to avoid any contamination of their clothing during their journey to your centre/clinic
- Lower arms should be bare, to avoid any cross-contamination
- A new disposable apron should be used for each client/patient
- Face masks and gloves should be worn by the practitioner
- Use of universal infection control precautions, clean and disinfected environment, effective handwashing
- Use of PPE (gloves, masks, visors, eyewear, apron), sharps safety, sterilised tools and equipment and skin preparation to reduce risk of infection.)
- Minimal jewellery should be worn – plain wedding band and stud piercings only
- Hair should be clean and securely tied back off the face and collar, hairnets may be worn
- Nail extensions should not be worn, we are aware gloves are worn for most aesthetics procedures; however, length is an issue and may affect the application of the procedure
- Nails should be short, clean, and free from varnish, long nails harbour more dirt and bacteria than short nails and could contribute to the spread of infections
- Shoes should be clean, low heeled, closed in and comfortable. Ideally, they should only be worn in the clinic/centre .
- NO COATS OR CARDIGANS TO BE WORN OVER YOUR SCRUBS OR WORKING OUTFIT whilst you are carrying out any treatments.
- Should you be cold please wear extra body layers to help promote a stable body temperature. Thermal skin vests can be worn under your tunics.
- Shoes MUST BE CLEAN covering all of the feet.
- NO sling backs.
- NO strappy shoes.
- NO open parts of the foot or toes to be exposed.
- NO fringes that are hitting your eyebrows or lower must be clipped back securely.

PLEASE DO NOT TURN UP without taking the above into consideration. This will hinder your learning experience should you not act responsibly and maintain professionalism at all times.



BEHAVIOUR

Your behaviour, body language and tone of voice are to conform to a positive and professional student manner. The training school has a ZERO tolerance to abuse of any kind.

Recommended Behaviour:

- All bags, outerwear, phones, and personal belongings should be stored in provided lockers/storage areas, unless otherwise arranged with the tutor
- Water is the only drink permitted in sessions
- No other food or drinks are permitted

N.B. We can at times permit a learner to use their phone in the session to take before and after pictures, learners must always maintain a sterile field. Phones should be cleaned when they are brought into the session, gloves are applied after the before pictures and removed before the after pictures.



**If you have any further questions, please contact
us via email at ampikasaesthetics@gmail.com
or call us on 0333 996 2690**

Ampika Pickston