



# FOUNDATION SKIN BOOSTER COURSE OVERVIEW

*By Ampika's Aesthetics*

# AM I ELIGIBLE?

- You must have your Anatomy and Physiology Level 3 & 4.
- You must also have 6 months needling experience in Foundation Aesthetics such as Dermal Filler or Anti Wrinkle Injections.





# QUALIFICATION AWARDED

Upon completion of the course, you will gain  
CPD accreditation in the following:

## Skin Boosters

Along with this, you will also be taught a full clinical set  
up and client consultation to help kick start your clinic.





# TIMETABLE

## Areas that will be covered:

- Anatomy & Physiology recap
- Product discussion (profilla and seventy hyal)
- Techniques taught bap and mesotherapy
- Areas covered includes face and body
- Client suitability assessment and consultation
- Aftercare
- Side effects and complications
- Practice on a live model



# ARRIVAL

Classes start at 9am prompt.

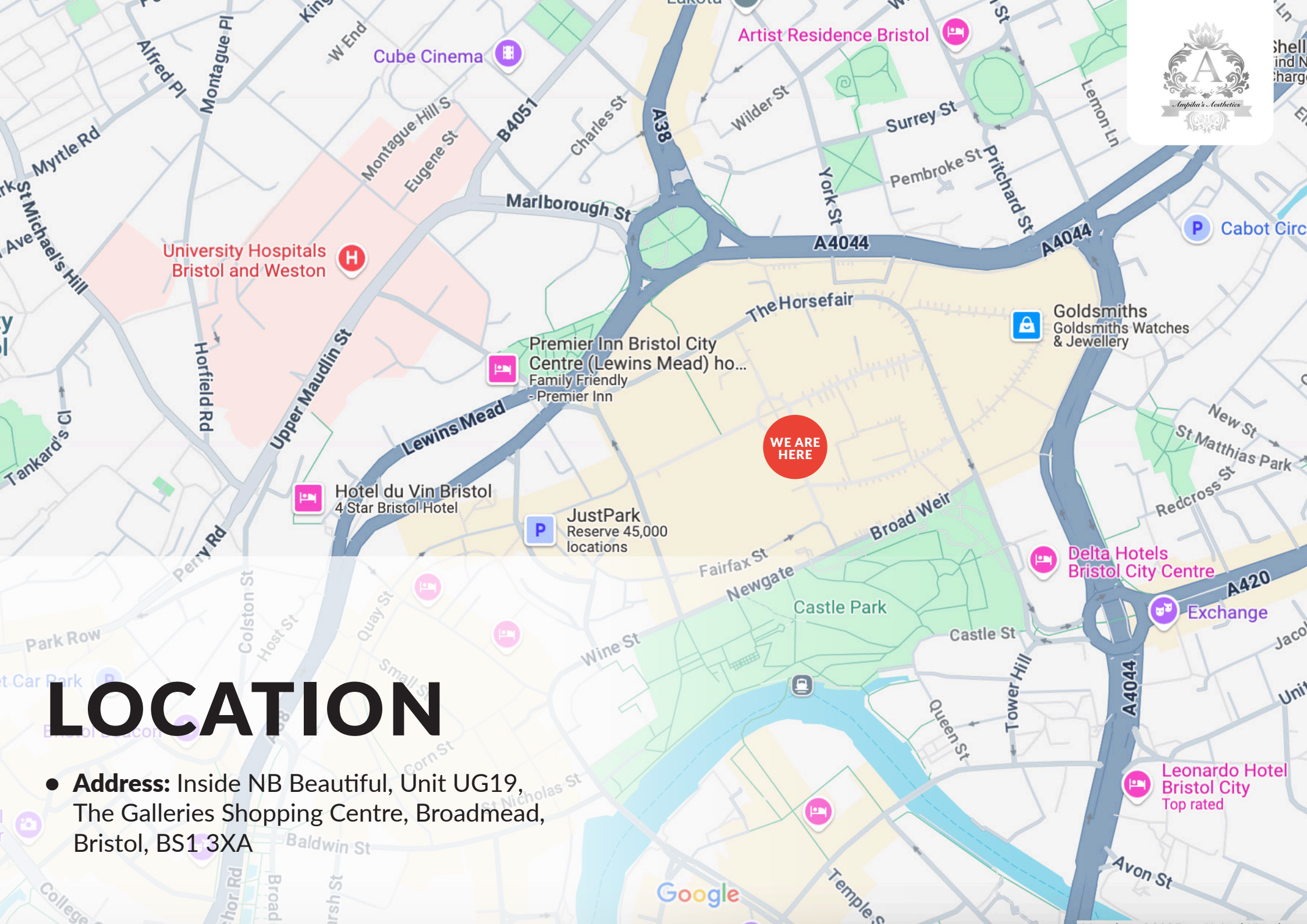
You are to arrive at 8:50am ready to start each day.

The course will finish at approximately 6pm however may vary depending on your course content.

Lunch break is 1pm - 2pm.







# LOCATION

- **Address:** Inside NB Beautiful, Unit UG19,  
The Galleries Shopping Centre, Broadmead,  
Bristol, BS1 3XA



# DRESS CODE

The chosen uniform should be clean and well pressed and made of cotton or a polycotton, which may potentially be boil washed. It should be comfortable and allow a full range of movement and be worn whenever they are carrying out treatments/procedures

- Students should change into their uniform when they arrive at the centre/clinic, to avoid any contamination of their clothing during their journey to your centre/clinic
- Lower arms should be bare, to avoid any cross-contamination
- A new disposable apron should be used for each client/patient
- Face masks and gloves should be worn by the practitioner
- Use of universal infection control precautions, clean and disinfected environment, effective handwashing
- Use of PPE (gloves, masks, visors, eyewear, apron), sharps safety, sterilised tools and equipment and skin preparation to reduce risk of infection.)
- Minimal jewellery should be worn – plain wedding band and stud piercings only
- Hair should be clean and securely tied back off the face and collar, hairnets may be worn
- Nail extensions should not be worn, we are aware gloves are worn for most aesthetics procedures; however, length is an issue and may affect the application of the procedure
- Nails should be short, clean, and free from varnish, long nails harbour more dirt and bacteria than short nails and could contribute to the spread of infections
- Shoes should be clean, low heeled, closed in and comfortable. Ideally, they should only be worn in the clinic/centre .
- NO COATS OR CARDIGANS TO BE WORN OVER YOUR SCRUBS OR WORKING OUTFIT whilst you are carrying out any treatments.
- Should you be cold please wear extra body layers to help promote a stable body temperature. Thermal skin vests can be worn under your tunics.
- Shoes MUST BE CLEAN covering all of the feet.
- NO sling backs.
- NO strappy shoes.
- NO open parts of the foot or toes to be exposed.
- NO fringes that are hitting your eyebrows or lower must be clipped back securely.

PLEASE DO NOT TURN UP without taking the above into consideration. This will hinder your learning experience should you not act responsibly and maintain professionalism at all times.



# BEHAVIOUR

**Your behaviour, body language and tone of voice are to conform to a positive and professional student manner. The training school has a ZERO tolerance to abuse of any kind.**

## **Recommended Behaviour:**

- All bags, outerwear, phones, and personal belongings should be stored in provided lockers/storage areas, unless otherwise arranged with the tutor
- Water is the only drink permitted in sessions
- No other food or drinks are permitted

N.B. We can at times permit a learner to use their phone in the session to take before and after pictures, learners must always maintain a sterile field. Phones should be cleaned when they are brought into the session, gloves are applied after the before pictures and removed before the after pictures.





If you have any further questions, please contact  
us via email at [ampikasaesthetics@gmail.com](mailto:ampikasaesthetics@gmail.com)  
or call us on 0333 996 2690

*Ampika Pickston*