



HYDRA FACIAL COURSE OVERVIEW

By Ampika's Aesthetics



AM I ELIGIBLE?

- This course is for total beginners through to medics.



QUALIFICATION AWARDED

Upon completion of the course, you will gain
CPD accreditation in the following:

 **Hydra Facial**

Along with this, you will also be taught a full clinical set
up and client consultation to help kick start your clinic.

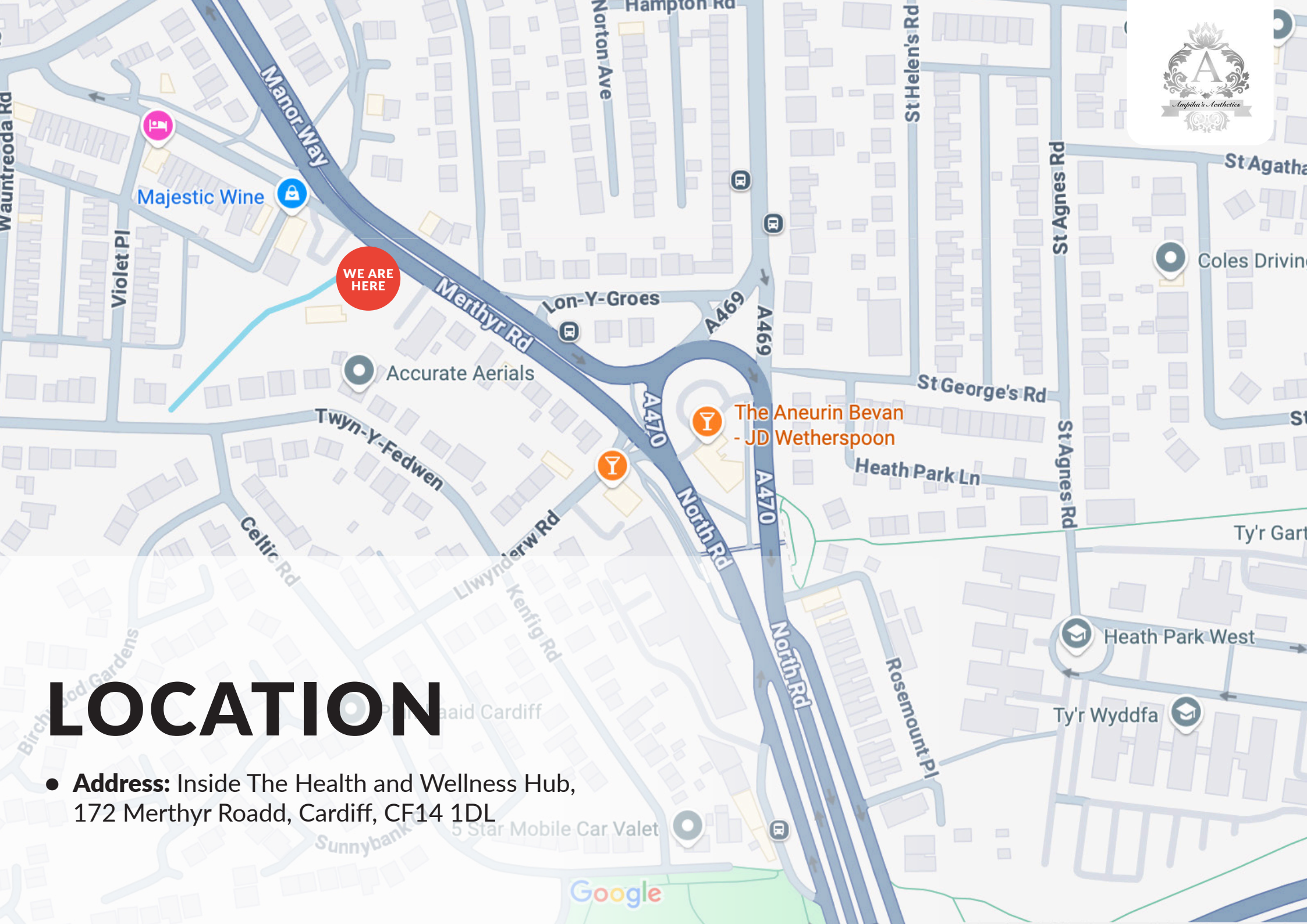




COURSE OVERVIEW

Looking to add extra benefits to your client's skin quality and enhance your skillset. Hydra facial 7 in 1 facial treatment machine is a fantastic course for maintaining your client's skin care concerns. This easy-to-use machine provides excellent results on all skin types. The reasons why this course is a must for you.

HydraFacial training typically involves learning the steps of the treatment, understanding skin types and conditions, and mastering consultation and client preparation techniques. All our courses cover the technology behind the treatment and how to operate the equipment, as well as health and safety protocols.



LOCATION

- **Address:** Inside The Health and Wellness Hub,
172 Merthyr Road, Cardiff, CF14 1DL



ARRIVAL

Classes start at 9am prompt.

You are to arrive at 8:50am ready to start each day.

The course will finish at approximately 6pm however may vary depending on your course content.

Lunch break is 1pm - 2pm.



DRESS CODE

The chosen uniform should be clean and well pressed and made of cotton or a polycotton, which may potentially be boil washed. It should be comfortable and allow a full range of movement and be worn whenever they are carrying out treatments/procedures

- Students should change into their uniform when they arrive at the centre/clinic, to avoid any contamination of their clothing during their journey to your centre/clinic
- Lower arms should be bare, to avoid any cross-contamination
- A new disposable apron should be used for each client/patient
- Face masks and gloves should be worn by the practitioner
- Use of universal infection control precautions, clean and disinfected environment, effective handwashing
- Use of PPE (gloves, masks, visors, eyewear, apron), sharps safety, sterilised tools and equipment and skin preparation to reduce risk of infection.)
- Minimal jewellery should be worn – plain wedding band and stud piercings only
- Hair should be clean and securely tied back off the face and collar, hairnets may be worn
- Nail extensions should not be worn, we are aware gloves are worn for most aesthetics procedures; however, length is an issue and may affect the application of the procedure
- Nails should be short, clean, and free from varnish, long nails harbour more dirt and bacteria than short nails and could contribute to the spread of infections
- Shoes should be clean, low heeled, closed in and comfortable. Ideally, they should only be worn in the clinic/centre .
- NO COATS OR CARDIGANS TO BE WORN OVER YOUR SCRUBS OR WORKING OUTFIT whilst you are carrying out any treatments.
- Should you be cold please wear extra body layers to help promote a stable body temperature. Thermal skin vests can be worn under your tunics.
- Shoes MUST BE CLEAN covering all of the feet.
- NO sling backs.
- NO strappy shoes.
- NO open parts of the foot or toes to be exposed.
- NO fringes that are hitting your eyebrows or lower must be clipped back securely.

PLEASE DO NOT TURN UP without taking the above into consideration. This will hinder your learning experience should you not act responsibly and maintain professionalism at all times.





BEHAVIOUR

Your behaviour, body language and tone of voice are to conform to a positive and professional student manner. The training school has a ZERO tolerance to abuse of any kind.

Recommended Behaviour:

- All bags, outerwear, phones, and personal belongings should be stored in provided lockers/storage areas, unless otherwise arranged with the tutor
- Water is the only drink permitted in sessions
- No other food or drinks are permitted

N.B. We can at times permit a learner to use their phone in the session to take before and after pictures, learners must always maintain a sterile field. Phones should be cleaned when they are brought into the session, gloves are applied after the before pictures and removed before the after pictures.



If you have any further questions, please contact
us via email at ampikasaesthetics@gmail.com
or call us on 0333 996 2690

Ampika Pickston