



EXPLOSION PACKAGE COURSE OVERVIEW

By Ampika's Aesthetics

AM I ELIGIBLE?

- No experience required. Total beginners accepted.
- A good understanding of written/spoken English in order to complete assignments.
- YOU ARE NOT permitted to join the practical course unless you have watched the training manual for your course and completed your online class maker exam. Upon purchasing your course you will be sent access to join our student portal. This supports all our students with online tutorials and video manuals explaining the theory side needed to support your training knowledge. This is crucial to complete the video and online exam four days before your practical course date. Should you fail to do so you will have to be booked onto a future course at a future date and there will be a cost to this.



QUALIFICATION AWARDED

This course is fully accredited and certified by Qualifi.

Regulated qualifications, also known as accredited qualifications, are those that are reviewed, recognised and monitored by the UK Regulators to ensure that they meet specific criteria and quality standards. The requirements for the regulated qualifications to be accredited are set out in the regulatory arrangements of the General Conditions of Recognition in England (OfQual).

Upon completion of the course, you will gain a Qualifi accreditation in the following:

 **Level 4 Aesthetics (or Level 4 Certificate in Laser, Light and Energy-Based Procedures), Level 5 Diploma in Aesthetics Practice & Level 7 Aesthetics**

Along with this, you will also be given live models to perform your case studies on before graduation.



COURSE OVERVIEW

Level 4 course consists of:

- EIGHT TRAINING MODULES

Units completed on this course in the following areas:

- Health, safety and hygiene for aesthetic procedures
- Client consultation for aesthetic procedures
- The biochemistry and biology of cells
- Skin morphology and the inflammatory response
- Skin disorders and diseases relative to aesthetic practice
- Skin rejuvenation using microneedling
- Skin rejuvenation using superficial chemical peels
- Skincare to support aesthetic procedures

Level 4 Certificate in Laser, Light and Energy-Based Procedures consists of:

- FOUR TRAINING MODULES

Units completed on this course in the following areas:

- Health, safety and hygiene for aesthetic procedures
- Client consultation for aesthetic procedures
- Skin rejuvenation using laser, light and energy-based devices
- Hair reduction using laser, light and energy-based devices



COURSE OVERVIEW

Level 5 Diploma In Aesthetics Practice consists of:

- SIX MODULES
- TWO ASSIGNMENTS
- PRACTICAL DAYS

The practical days will be allocated within your training schedule.

The modules and Assignments are structured and need to be completed by set dates.

In the first month, you will read through the manuals provided in the training portal for Level 5 Diploma In Aesthetics Practice. This equates to reading each day for an hour or so.

Units completed on this course in the following areas:

- Legal, Regulatory, and Clinical Requirements for Aesthetic Practice
- Professional, Ethical, and Sustainable Principles within Aesthetic Practice
- Working Collaboratively with Healthcare and Other Professionals
- Advanced Skin Science for Aesthetic Practice
- Advanced Aesthetic Procedures: Micro-needling
- Advanced Aesthetic Procedures: Chemical Peels



COURSE OVERVIEW

Level 7 course consists of:

- FOUR MODULES
- TWO ASSIGNMENTS
- PRACTICAL DAYS

The practical days will be allocated within your training schedule.

The modules and Assignments are structured and need to be completed by set dates.

In the first month, you will read through the manuals provided in the training portal for Level 5.

This equates to reading each day for an hour or so.

Units completed on this course in the following areas:

- Facial Aesthetics Consultation
- Psychology of Facial Aesthetics
- Botulinum Toxin Injections to the Face and Neck
- Temporary and Reversible Dermal Fillers to the Face and Neck
- Management of Complications and Medical Emergencies

DRESS CODE

The chosen uniform should be clean and well pressed and made of cotton or a polycotton, which may potentially be boil washed. It should be comfortable and allow a full range of movement and be worn whenever they are carrying out treatments/procedures

- Students should change into their uniform when they arrive at the centre/clinic, to avoid any contamination of their clothing during their journey to your centre/clinic
- Lower arms should be bare, to avoid any cross-contamination
- A new disposable apron should be used for each client/patient
- Face masks and gloves should be worn by the practitioner
- Use of universal infection control precautions, clean and disinfected environment, effective handwashing
- Use of PPE (gloves, masks, visors, eyewear, apron), sharps safety, sterilised tools and equipment and skin preparation to reduce risk of infection.)
- Minimal jewellery should be worn – plain wedding band and stud piercings only
- Hair should be clean and securely tied back off the face and collar, hairnets may be worn
- Nail extensions should not be worn, we are aware gloves are worn for most aesthetics procedures; however, length is an issue and may affect the application of the procedure
- Nails should be short, clean, and free from varnish, long nails harbour more dirt and bacteria than short nails and could contribute to the spread of infections
- Shoes should be clean, low heeled, closed in and comfortable. Ideally, they should only be worn in the clinic/centre .
- NO COATS OR CARDIGANS TO BE WORN OVER YOUR SCRUBS OR WORKING OUTFIT whilst you are carrying out any treatments.
- Should you be cold please wear extra body layers to help promote a stable body temperature. Thermal skin vests can be worn under your tunics.
- Shoes MUST BE CLEAN covering all of the feet.
- NO sling backs.
- NO strappy shoes.
- NO open parts of the foot or toes to be exposed.
- NO fringes that are hitting your eyebrows or lower must be clipped back securely.

PLEASE DO NOT TURN UP without taking the above into consideration. This will hinder your learning experience should you not act responsibly and maintain professionalism at all times.





BEHAVIOUR

Your behaviour, body language and tone of voice are to conform to a positive and professional student manner. The training school has a ZERO tolerance to abuse of any kind.

Recommended Behaviour:

- All bags, outerwear, phones, and personal belongings should be stored in provided lockers/storage areas, unless otherwise arranged with the tutor
- Water is the only drink permitted in sessions
- No other food or drinks are permitted

N.B. We can at times permit a learner to use their phone in the session to take before and after pictures, learners must always maintain a sterile field. Phones should be cleaned when they are brought into the session, gloves are applied after the before pictures and removed before the after pictures.



If you have any further questions, please contact
us via email at ampikasaesthetics@gmail.com
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